

# 2009 DISTRICT 10 TRACK AND FIELD MEET QUALIFYING STANDARDS

<b>EVENT</b>	<b>AA GIRLS</b>	<b>AAA GIRLS</b>	<b>AA BOYS</b>	<b>AAA BOYS</b>
100 meter dash	13.4 (13.64)	13.4 (13.64)	11.5 (11.74)	11.6 (11.84)
200 meter dash	28.6 (28.84)	28.3 (28.54)	24.0 (24.24)	24.0 (24.24)
400 meter dash	66.0 (66.24)	65.0 (65.24)	54.5 (54.74)	55.0 (55.24)
800 meter run	2:36 (2:36.24)	2:38 (2:38.24)	2:08 (2:08.24)	2:09 (2:09.24)
1600 meter run	5:52 (5:52.24)	5:55 (5:55.24)	4:48 (4:48.24)	4:50 (4:50.24)
3200 meter run	13:00(13:00.24)	13:15(13:15.24)	10:43(10:43.24)	10:49(10:49.24)
100 meter hurdles	17.5 (17.74)	17.6 (17.84)		
110 meter hurdles			17.0 (17.24)	17.0 (17.24)
300 meter hurdles	53.0 (53.24)	53.0 (53.24)	44.9 (45.14)	44.7 (44.94)
Shot Put	30' 9"	29' 6"	42' 9"	42' 6"
Discus	93' 6"	90' 0"	122' 0"	122' 0"
Javelin	97' 0"	92' 0"	147' 0"	147' 0"
High Jump	4' 9"	4' 9"	5' 10"	5' 10"
Long Jump	14' 9"	14' 9"	19' 6"	19' 0"
Triple Jump	31' 0"	31' 3"	38' 9"	38' 6"
Pole Vault	8' 0"	8' 0"	11' 6"	10' 6"

**FAT TIMES ARE IN PARENTHESES**

