

DATE: January 2, 2009  
 TO: District 10 Swimming and Diving Coaches  
 FROM: Fred Vickey  
 RE: District 10 Swimming and Diving Meets

DIVING	AAA	AA
Date	Friday, February 20, 2009	Saturday, February 21, 2009
Place	Junker Center, PSU Behrend	Junker Center, PSU Behrend
Schedule	Warm-ups: 4:30 pm Competition: 6:00 pm	<u>Girls</u> Warm-ups: 8:30 am Competition: 10:00 am  <u>Boys</u> Warm-ups: 12:30 pm Competition: 2:00 pm

- Diving entries must be emailed to Fred Vickey at [psu6@aol.com](mailto:psu6@aol.com) by February 13, 2009.
- Each diver must be emailed separately.
- In the subject area of the email – enter the diver’s name, school and grade.
- In the email, list the eleven dives using the dive number and letter (ex. 101 A) in the order they will be performed
- Place an asterisk after each voluntary dive.
- Refer to page 61 - Section 4 in the Swimming and Diving rulebook for the choice of dives for Preliminaries, Semifinals and Finals.
- In addition to the email, all divers **must** be entered into Direct Athletics.
- The program that we are using will fill in the name of the dive, the position and the degree of difficulty.

SWIMMING	AAA	AA
Date	Friday, February 27, 2009	Friday, February 27, 2009
Place	Junker Center, PSU Behrend	Junker Center, PSU Behrend
Events	1, 2, 3, 4, 6 & 9	1, 2, 3, 4, 6 & 9
Schedule	Warm-ups: 12:30 pm Competition: 1:30 pm	Warm-ups: 5:30 pm Competition: 6:30 pm

SWIMMING	AAA	AA
Date	Saturday, February 28, 2009	Saturday, February 28, 2009
Place	Junker Center, PSU Behrend	Junker Center, PSU Behrend
Events	7, 8, 10, 11 & 12	7, 8, 10, 11 & 12
Schedule	Warm-ups: 8:30 am Competition: 9:30 am	Warm-ups: 1:00 pm Competition: 2:00 pm

- PIAA is using **Direct Athletics** to submit online entries for each district's meet.
- **All swimmers and divers must be entered through the Direct Athletics website ([www.directathletics.com](http://www.directathletics.com)). Please refer to their website for instructions on how to submit online entries for the PIAA District 10 meet.**
- Entries can be submitted beginning February 1, and must be completed by February 13.
- In relay events, eight individuals may be designated, and it shall not count as an entry unless the competitor actually competes in the event.
- Only the four swimmers declared on the relay card are permitted to report to the blocks and compete.
- Swimmers from schools that do not sponsor swim teams may enter individual events but may not enter the relay events. Coaches of these swimmers must send verification of qualifying times with their entries as specified in the PIAA manual.

**As a reminder, only swimmers who have qualified for the district meet will be permitted on the deck.** This rule will be enforced. We request that coaches and swimmers stay in their designated areas during the meet.

**Any questions, please contact Fred Vickey at 814-796-4026 or [psu6@aol.com](mailto:psu6@aol.com)**