

2009 P.I.A.A. DISTRICT 10 CROSS COUNTRY MEET

BUHL PARK will once again host this year's District 10 Class AA and AAA Cross Country Championships. Mr. Bud Mehalko, Buhl Park Administrator, is providing the facility for this District 10 event.

1. **DATE:** Saturday, 31st October 2009
2. **TIMES:** 10:00 a.m. – Girls' Class AA
10:45 a.m. – Girls' Class AAA
11:30 a.m. – Boys' Class AA
12:15 p.m. – Boys' Class AAA
3. **COURSE INSPECTION:** Contestants are permitted to inspect the course after 1:00 p.m. on Friday, 30th October 2009 or anytime on Saturday prior to the races.
4. **PLACE:** Buhl Park – Sharon, PA
Parking – Park in designated lots only – **Not along roadways.**
5. **MEET DIRECTOR:** Jack McIntire, CAA
Phone 814-835-5406 (School)
814-796-4680 (Home)
814-881-9032 (Cell)
814-836-6811 (Fax)
6. **ENTRIES:** Each school is permitted to enter (8) eight runners **but only (7) seven runners may compete.** Please follow the “**on-line registration**” information enclosed to register your runners. An all-inclusive listing of both boys and girls' in any alphabetical order is acceptable. **RUNHIGH.COM – Go to list of races – Pick District 10 race**

Note Changes: Register on-line
- Register (8) and run (7)
- **Deadline for registration is Monday, 26th October, 2009 at 5:00 p.m. (5 days prior to Race Day)**
- If need be, a change in registration of a runner can occur the morning of the race. (This should only occur if your registered runner is injured or ill and cannot compete.)
7. **PACKETS:** Meet information, lane assignment, and runners' chips can be picked up at the shelter after a brief 9:00 coaches meeting.
8. **AWARDS:** All individual place finishers who have qualified for states.
All teams who have qualified for states.
9. **ALLEY ASSIGNMENTS:** Once registered for the District 10 Cross Country Meet, all school names in each division (AA or AAA) will be drawn out at random by the tournament director in front of a witness. The first high school name drawn becomes Alley (1), the second name drawn becomes Alley 2, this will continue until all schools are drawn.

10. FINISH LINE PROCEDURES: Open chute area for runner and official only. The chip will be the official means of scoring. A back-up video of the finish line will occur for the top 60 finishers. The back-up video will be used only if the chip system would fail.

11. STATE MEET: Teams qualifying for the state meet may enter 8 (eight) but only 7 (seven) can run. You will need to meet with the meet director to enter your runners on the state form.

District 10 entries will be as follows:

- AA-Girls = 3 teams plus 15 individuals
- AAA-Girls = 1 team plus 5 individuals
- AA-Boys = 3 teams plus 15 individuals
- AAA-Boys = 1 team plus 5 individuals

A. STATE MEET INFORMATION: Any coach desiring information on the state meet can go online at: www.piaa.org and request the information you need for accommodations. I will put PIAA information in your packets.

12. DISTRICT 10 SALE ITEMS: A limited number of D-10 items will be for sale, these include T-shirts, Hoodies, Shorts, and Hats.

2009/2010 P.I.A.A. Sport Enrollments & Divisions Information

Boys Cross Country		Girl's Cross Country	
Enrollment	Division	Enrollment	Division
1 – 330	AA	1 - 314	AA
331 and above	AAA	315 and above	AAA

District 10 has:
8 teams in AAA Boy's Cross Country
9 teams in AAA Girl's Cross Country
39 teams in AA Boy's Cross Country
37 teams in AA Girl's Cross Country

State Meet qualifying guidelines:

District 10 entries

- AAA Boy's 1 Team plus 5 Individuals
- AAA Girl's 1 Team plus 5 Individuals
- AA Boy's 3 Teams plus 15 Individuals
- AA Girl's 3 Teams plus 15 Individuals