

DATE: November 10, 2008  
TO: District 10 AAA Swimming and Diving Coaches  
FROM: Fred Vickey  
RE: District 10 AAA Meet and Qualifying Times

District 10 AAA Diving will be held at Penn State Behrend on Friday, February 20, 2009 and AAA Swimming at Penn State Behrend on Friday, February 27 and Saturday, February 28, 2009. Events 1,2,3,4,6 and 9 will be held on Friday and events 7,8,10,11 and 12 on Saturday.

Entries for this year's district meet will again be submitted through **Direct Athletics**. Information about the entry procedure and the time schedule for the meets will be forwarded to you in January when everything is finalized.

The AAA qualifying times are as follows:

Event #	Event	Girls	Boys
1	200 Medley Relay	2:26.00	2:11.00
2	200 Freestyle	2:14.00	2:06.00
3	200 I.M.	2:32.00	2:20.00
4	50 Free	:30.00	:26.00
5	Diving	130 points	130 points
6	100 Fly	1:11.00	1:06.00
7	100 Free	1:06.00	:54.00
8	500 Free	6:09.00	5:42.00
9	200 Free Relay	2:07.00	1:53.00
10	100 Back	1:14.00	1:06.00
11	100 Breast	1:24.00	1:10.00
12	400 Free Relay	4:40.00	4:16.00

If any officials from your section are interested in working the district meet, please have them contact James Blanchard at [jiblanchard@eriesd.org](mailto:jiblanchard@eriesd.org) for consideration by the Eriez swimming officials chapter.